

She Chose

She realized she had this one.

This big, bold,
and beautiful life.

And she realized she didn't want to live it
chasing and crying and apologizing.
Starving and fearing and regretting.

She realized

She wanted to live it
Proudly and freely and creatively.
Lovingly and fully and sweetly.

She realized

She could choose.
And so, she chose.

-Cara Alwill Leyba

